

GOOD NIGHT

Snore no more by using **Chin-Up Strips**.

B EING a habitual snorer, I was always fatigued as I hardly slept soundly through the night. Snoring greatly affected my work performance, as well as my marriage.

From my research, I found that snoring is a very common and unhealthy sleep disorder. Snoring causes daytime fatigue and tiredness and may also increase chances of cardiovascular disease.

Some people have the habit of breathing through the mouth. This will dry out your mouth and cause loud snoring. Studies show that as many as 85% of snorers sleep with their mouths open.

I rushed off to the nearest pharmacy and was recommended Chin-Up Strips, the latest snoring remedy. The design of Chin-Up Strips is rather simple. It looks just like a U-shape sticker you stick on your jaw. It was as easy as using a plaster.

That night, I placed a Chin-Up strip on my jaw underneath my bottom lip and pressed it gently to make sure that it secured all areas and was strong enough to hold my jaw closed while I sleep. When I tried to open my mouth with Chin-Up on, my upper lip was free to move to allow me to cough or exhale during sleep.

The next morning, I felt refreshed and energised like never before. The best news was my wife said I did not snore at all!

How do Chin-Up Strips help?

Through further research on Chin-Up Strips, I discovered that it has been



Beauty sleep: Try using Chin-Up Strips to combat snoring.

designed to keep your mouth closed during your sleep to prevent mouth breathing and encourage natural nose breathing.

The material used to manufacture Chin-Up Strips is micro pore rayon and medical grade adhesive made by 3M Medical Specialties Co. It is latex- and gluten-free, and its hypoallergenic character makes it perfect for everyone. Chin-Up Strips are designed to re-direct breathing through the nasal passages.

Chin-Up Strips can be used in conjunction with CPAP or other snoring therapy. This non-invasive and drug-free snoring relief is safe to be used by anyone at a very affordable price.

Product info

At only RM19.90 for ten days' use, Chin-Up Strips are available at leading pharmacies.

For further information on Chin-Up Strips, call 03-2287 2522 or visit <http://www.beautyimpress.com>.