

Chin-Up Strips Keep Snoring Away

Going to sleep every night can be an embarrassment for someone who snores, especially when sharing a room with friends at a dormitory, or a colleague when traveling outstation for a course or company trip. On the other hand, sleeping next to a person who snores can be a frustration, knowing that the person who is snoring is totally unaware, sleeps through the night while you are wide awake! According to the US National Sleep Foundation, it is estimated that up to 35% of men and 28% of women snore frequently. Snoring is even more prevalent amongst older people and overweight individuals.

Snoring causes sleep loss for both the snorer and his or her partner. The snorer may wake-up frequently, either from the snoring or from the jostling to stop the snoring while the partner has trouble getting deep sleep because of the noise. This sleep deprivation can cause sleepiness and fatigue during the day. Do not take snoring lightly. In some cases, snoring can cause more serious health problems. Snoring has been linked to increased risks of stroke, diabetes, high blood pressure and heart disease. In some cases, snoring can also be a symptom of obstructive sleep apnea, which can be fatal if not treated.

Chin-Up Strips – The Natural Snoring Relief

Chin-Up Strips is the first and only natural, non-invasive and drug free remedy for snoring. Patented and approved by the Food & Drug Administration (FDA) of the United States of America, Chin-Up Strips is designed to support your chin and to keep your mouth closed during sleep; thereby encouraging natural nasal breathing, reducing mouth breathing and eliminating snoring. This is because most snorers are mouth breathers and by keeping their mouth closed, they are forced to breath through their nose. This way, snoring can be effectively reduced or eliminated.

Chin-Up Strips has been extensively tested in universities and sleep centres in the United States, United Kingdom and Canada. It has been proven to improve sleep efficiency, reduce snoring incidents and snoring time for both men and women. Since 1994, millions of Chin-Up Strips have been sold in pharmacies, sleep centres and hospitals in the United States, United Kingdom, Australia and Japan.

Chin-Up Strips & Sleep Apnea

In a study conducted by the Department of Pulmonary Medicine, Helsinki University Central Hospital in 2004, it was concluded that patients with moderate-to-severe sleep-disorder breathing and a high percentage of mouth breathing during sleep were less adherent to *Continuous Positive Airway Pressure* (CPAP) therapy than patients exhibiting a low percentage of mouth breathing. Hence, patients with Obstructive Sleep Apnea can use Chin-Up Strips together with their CPAP treatment for better comfort and more effective sleep.

Free Trial Chin-Up Strips For Snorers

During this introductory period, Beauty Impress is giving out two patches of Chin-Up Strips free to 1,000 Malaysians with snoring problems or know of anyone with snoring problems. All you have to do is either:

- Call 03-2287 2522 and provide your details,
- Fax your details to 03-2287 6522, OR
- Email your details to info@beautyimpress.com

Details required for redemption will include name, NRIC number, address, phone and email. Free trial Chin-Up Strips is limited to one redemption per customer and while stocks last only.

Chin-Up Strips is now available at the following pharmacies; Caring, Vitacare, Health Lane, Revive and Maycare. Chin-Up Strips is retailing for RM19.90 per box of 10 strips.

For further information on Chin-Up Strips, kindly log on to www.BeautyImpress.com or call 03-22872522.